



**SAGINAW COUNTY DEPARTMENT OF PUBLIC HEALTH  
WIC DIVISION  
2009 PROJECT FRESH CALENDAR**



**What is Project Fresh?** A program that offers special coupons for Michigan grown fruits and vegetables. The coupons are used at specific farmer's markets. Coupons are very limited this year. We only have 745 sets of coupons to distribute.

**Who is eligible for Project Fresh?** Current pregnant and breastfeeding women and children over age one.

Must be currently on the WIC to receive benefits. **The two categories not eligible for benefits this year are post-partum women and infants under the age of one year.**

**How do I get the coupons?** You must go through a class that lasts about 15 minutes. The class explains how and where to use the coupons and what Michigan fruits and vegetables you are able to buy. The times listed on this flyer are when WIC/MSUE team is at the site. For example, if it says 10:00am-3:00pm. We are there for 5 hours. You can come any time between 10:00am and 3:00pm to get your coupons.

**What is the \$ amount?** Generally, it is \$20.00. However, if you have more than one person on the program who is eligible (pregnant, breastfeeding and child over 1 year of age you may be eligible for \$40.00.) A child must be 1 year at the time you receive the coupons for Project Fresh. No exceptions.

**Where can I use my coupons?** A list of places and vendors for Saginaw County will be provided to you. The larger markets are: Downtown Farmer's Market, and Hemmeters Farm Market. You can use the coupons in other counties if the farmer is a Project Fresh vendor. Ask before buying.

<b>Date/Time</b>	<b>PLACE/LOCATION</b>	<b>Other information</b>
July 20, 2009 Monday 12:00pm-5:00pm	Downtown Farmers Market 507 S Washington City of Saginaw	Bring pictured ID/WIC EBT card
July 21, 2009 Tuesday 11:00am-4:00pm	Hemmeters Farm Market 4050 Lawndale Saginaw Twp	Bring pictured ID/WIC EBT card
July 23, 2009 Thursday 4:00pm-7:00pm	Hemlock Farmers Market Richland Twp Park (Off Blumke) Hemlock	Bring pictured ID/WIC EBT card
July 27, 2009 Monday 12:00pm-5:00pm	Downtown Farmers Market 507 S Washington City of Saginaw	Bring pictured ID/WIC EBT card
July 28, 2009 Tuesday 11:00am-4:00pm	Hemmeters Farm Market 4050 Lawndale Saginaw Twp	Bring pictured ID/WIC EBT card

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