

FAMILY CONTACTS and MEDICAL INFORMATION

Disasters happen anytime and anywhere.

When disaster strikes, it is easier to cope when you are prepared. Get Ready! Saginaw County recommends listing contacts and medications in your emergency supply kit or another safe place that is easily accessible in the event of a disaster.

EMERGENCY CONTACTS

Local Contact _____
 Local Contact _____
 Home Phone _____
 Cell Phone _____
 Address _____
 City _____

 Out-of-Area Contact _____
 Out-of-Area Contact _____
 Home Phone _____
 Cell Phone _____
 Address _____
 City _____

 Nearest Relative _____
 Home Phone _____
 Cell Phone _____
 Address _____
 City _____

 Family Work Numbers _____
 Parent _____
 Parent _____
 Other _____

 Local Police _____
 Local Fire _____
 Electric Company _____
 Gas Company _____

Call 911 for Emergencies

MEDICAL INFORMATION

Family Physician _____
 Phone _____

 Family Physician _____
 Phone _____

 Family Physician _____
 Phone _____

 Family Allergies - list allergy after name
 Name _____
 Name _____
 Name _____
 Name _____

 Medications Taken and Reason
 Name _____
 Med/Dosage _____

 Name _____
 Med/Dosage _____

 Name _____
 Med/Dosage _____

 Insurance _____
 Group # _____ Ph _____
 Insurance _____
 Group # _____ Ph _____

Call 911 for Emergencies

