

## NEWS RELEASE

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**FOR IMMEDIATE RELEASE**

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### **SAGINAW COUNTY HEALTH DEPARTMENT REPORTS FIRST POSITIVE COVID-19 CASE**

(SAGINAW) – The Michigan Department of Health & Human Services informed the Saginaw County Health Department of a positive COVID-19 case in a Saginaw County resident identified as a male in his sixties. The individual is currently being treated at a local healthcare facility. The Health Department continues to investigate the case to identify close contacts.

Dr. Delicia Pruitt, MD, Medical Director of the Saginaw County Health Department states, “The Health Department does not want the community to panic. Residents can assume there is a possibility the virus may be present when they are in public places in the community. If you feel well, you do not need to be tested. Testing will be determined based on risk assessment. Most people will recover at home without medical care,” says Dr. Pruitt. “Isolating at home if you’re sick and contacting your health care provider by phone for guidance will help prevent additional spread and make the best possible use of critical health care resources.”

The Saginaw County Health Department reminds everyone on to follow community mitigation strategies and recommendations such as:

- The White House and CDC [recommended to avoid gatherings of over 10 people](#).
- Governor Gretchen Whitmer signed an [Executive Orders](#) including to prohibit events over 50 people or assemblages in shared indoor spaces over 50 people.
- **Workplaces need to take measure to encourage staff to tele-work when feasible, particularly individuals at high risk. Employers should also limit gatherings.**
- **Everyone should practice social distancing.** Social distancing means keeping six feet between people as much as possible. Learn more about social distancing, monitoring, quarantine, and isolation: [English](#), [Spanish](#).
- **Individuals at risk of severe illness, such as older adults and people who have severe underlying chronic medical conditions, should stay at home as much as possible and keep away from others who are sick.**
- **Wash your hands often with soap and water, washing for at least 20 seconds.** Use hand sanitizer if you cannot wash.

- **Stay home if you are sick**, except to get medical care. Call ahead before going to your healthcare provider. Learn [what to do if you are sick](#).
- **Cover your cough or sneeze** with a tissue, then throw the tissue in the trash. Immediately wash your hands.
- **Clean and disinfect frequently-touched surfaces.**

Dr. Pruitt also reminds residents to get COVID-19 information from reputable sources like the Centers for Disease Control and Prevention ([www.cdc.gov/COVID-19](http://www.cdc.gov/COVID-19)), Michigan Department of Health and Human Services ([www.michigan.gov/coronavirus](http://www.michigan.gov/coronavirus)), or the Health Department ([www.saginawpublichealth.org](http://www.saginawpublichealth.org)).

For regular updates, follow the Saginaw County Health Department on Facebook.

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