

!! Be Ready Saginaw County!!

May's Objective

FAMILY CONTACTS AND MEDICAL INFORMATION

Disasters happen anytime and anywhere without warning.

When disaster strikes it is easier to cope when you are prepared.

!! Be Ready Saginaw County!! recommends listing contacts and medications in your emergency supply kit or another safe place that is easily accessible in the event of a disaster.

EMERGENCY CONTACTS

Local Contact _____
 Home Phone _____
 Cell Phone _____
 Address _____
 City _____

Out-of-Area Contact _____
 Out-of-Area Contact _____
 Home Phone _____
 Cell Phone _____
 Address _____
 City _____

Nearest Relative _____
 Home Phone _____
 Cell Phone _____
 Address _____
 City _____

Family Work Numbers _____
 Parent _____
 Parent _____
 Other _____

Local Police _____
 Local Fire _____
 Electric Company _____
 Gas Company _____

Call 911 for Emergencies

MEDICAL INFORMATION

Family Physician _____
 Phone _____

Family Physician _____
 Phone _____

Family Physician _____
 Phone _____

Family Allergies – list allergy name

Name _____
 Name _____
 Name _____

Medications Taken and Reason

Name _____
 Med/Dosage _____

Name _____
 Med/Dosage _____

Name _____
 Med/Dosage _____

Insurance _____

Group # _____ PH _____

Insurance _____

Group # _____ PH _____

Call 911 for Emergencies

