Post Vaccine Quarantine Guidance

The CDC says you do **not** have to quarantine after exposure to someone with COVID-19 if:

1. It's been **at least two weeks** since your final COVID-19 vaccine dose,
2. And you are **showing no symptoms**.
3. However, we recommend getting **tested 5-7 days after exposure** and monitoring for symptoms for a full 14 days.

**Be sure to get your booster to maximize your protection!**

Saginaw County Health Department