!! Be Ready Saginaw County!!

May’s Objective

FAMILY CONTACTS AND MEDICAL INFORMATION

Disasters happen anytime and anywhere without warning. When disaster strikes it is easier to cope when you are prepared.!! Be Ready Saginaw County!! recommends listing contacts and medications in your emergency supply kit or another safe place that is easily accessible in the event of a disaster.

**EMERGENCY CONTACTS**

Local Contact___________________________
Home Phone_____________________________
Cell Phone_____________________________
Address_______________________________
City___________________________________

Out-of-Area Contact_____________________
Out-of-Area Contact_____________________
Home Phone_____________________________
Cell Phone_____________________________
Address_______________________________
City___________________________________

Nearest Relative________________________
Home Phone_____________________________
Cell Phone_____________________________
Address_______________________________
City___________________________________

Family Work Numbers____________________
Parent________________________________
Parent________________________________
Other_________________________________

Local Police_____________________________
Local Fire_______________________________
Electric Company________________________
Gas Company_____________________________

**MEDICAL INFORMATION**

Family Physician________________________
Phone_______________________________

Family Physician________________________
Phone_______________________________

Family Physician________________________
Phone_______________________________

Family Allergies – list allergy name
Name________________________________
Name________________________________
Name________________________________

Medications Taken and Reason
Name________________________________
Med/Dosage__________________________

Name________________________________
Med/Dosage__________________________

Name________________________________
Med/Dosage__________________________

Insurance_____________________________
Group #________________PH____________

Insurance_____________________________
Group #________________PH____________

**Call 911 for Emergencies**

BE WISE. BE WELL. BE READY.